



RUMI O IQBAL'S MODEL FOR PEACEFUL HUMANITY

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Abstract

Humanity today is far from peaceful existence. Stress exists at all levels: internationally between countries, among people and within our inner selves. This paper makes an attempt to find the solution in the philosophies of Jalaluddin Rumi and Allama Iqbal. The methodology of this paper is first to study the efforts that these philosophers made and the success that was achieved for a peace and tranquility in individual life that then reflected on societal level. The paper then goes on to describe how in the modern world, these models have been taken up by the contemporary psychic and spiritual experts. This paper presents brief life histories of Rumi and Iqbal. It explains the brief ingredients of the model proposed by them and the societal change that was resulted in their times. In recent years, substantial advancements have been made, in both metaphysics and the physical sciences, with the result that the gap between the two has closed up. The situation that the world has entered today is such that, the old time's model of these philosophers has hence once again become valid. The findings of this paper are that our main target of all our endeavors should be the revival of human empathy, affection and mutual social attraction among humans. For this purpose, an inner belief system needs to be addressed. It is the inner belief system, that dictates our thoughts and actions has. With empathy so developed, humanity can be enabled to solve the problems collectively. There is a strong inner communication system that nature has built. It needs to be strengthened. Nature gives self-corrective messages into our inner selves. We need to listen to the messages. We need to get guidance and strength from them. When dispersed collectively to humanity, the common needs and purposes emerge, and the humanity moves towards collective betterment. This is the spiritual energy that develops among and is to be attenuated and utilized. Activated spiritual energy leads to immense connectivity and strengthens ties among people. Mutual bonding that develops works both for the weak whose survival is ensured, and the strong whose sustainability is ensured. With the above model put to practice, hopefully, we can define a framework towards a brave and happy new humane world.

Keywords

Monetary policy, Poverty, Central Banks, Belief System, Connectivity, Human Empathy, Inner-Self, Spiritual Energy.



1. Introduction

Peaceful existence is a dream word today, as stress occurs at all levels, between country to country, between people to people and within one's own inner self. A solution has been forwarded by Jalaluddin Rumi of the olden times, and also by Allama Iqbal of comparatively recent times. This model has been put to test in their times, and has brought considerable success. The suggested solution lies in the enhancement of the inner self individually. It then reflects collectively into better and socially content and peaceful society. Today, the teachings of Jalaluddin Rumi and that of Allama Iqbal are being pursued by a number of contemporary psychic and spiritual experts. The life sketches of Rumi and Iqbal can be quickly viewed, to see what was uttered by them that brought tremendous social change that helped to build more satisfied and peaceful world. A number of phenomena metaphysically hinted by them, have been later discovered and established by the physical sciences. These are already being utilized by humanity for their benefit. With the two faculties working together, with a clarity of common objectives in picture, the old time model can still be applied for developing a peaceful stress-free climate.

1.1 Jalaluddin Rumi

Jalaluddin Rumi known today as a great man of metaphysics, was born in Afghanistan in 1207. Mongols were then attacking and destroying ruthlessly what was then known as the Islamic world. Jalaluddin Rumi left Afghanistan, came to Baghdad and then moved to Konya in Turkey. Seljuks then ruled there, but Mongols came there

too. The dejected and overpowered people were greatly heartened, when Jalaluddin Rumi demonstrated the powers of the inner self and how a strong inner belief system could practically change everything. Barbarous Mongols were softened from his thoughts, so much so that their next generations embraced Islam. Jalaluddin Rumi told that there were tremendous spiritual powers inside man, and that man had a connection to God within man's own self. Jalaluddin Rumi died in 1273. There were Crusades wars going on for 200 years between Christians and Muslims. Jalaluddin Rumi was an instrumental in bringing the Crusades to an abrupt end, in 1291.

Another, a very fundamental concept, put forward by Rumi is that God dwelled within man's own inner self. He asked people to search one's own self. There they could find guidance. It is the belief system within one self that turns in reality. History is full of instances where bad beliefs among nations and equally among people, have let them down. Whereas, strong beliefs have led to getting the desired reality attracted to them.

1.2 Role in Ending of Crusades

Rumi's strong belief within himself and the same belief spread beautifully around, played surprising role of ending the Crusades. He wrote letters to Christian fighters and also to Muslim fighters telling them that their fighting made no sense, as 'water is water, no matter from which tap do you drink it'. He proposed rather intermarriages. People thought Rumi could not be serious, but one Christian warlord responded.

There onwards, the intermarriages started to occur. The crusades were abruptly stopped.

The Crusades ended in 1291 with an agreement that Jerusalem was placed open to all three religions. This agreement is still valid today. Muslims enter from one door, Christians enter from another and Jews yet another. This is a beautiful example of ending a war, from which we should learn lesson.

1.3 Allama Iqbal

Allama Iqbal was born in 1877 in Sialkot at the times of the British raj. With formative years of Islamic education, he went in 1905, to higher studies in philosophy in UK and Germany, at times when the World War I among them was in the making. On writing a dissertation on Development of Metaphysics in Persia at Trinity College Cambridge, he was given admission for a PhD at the Ludwig Maximilian's University Munich Germany for research in the same subject. He then came back to London and was admitted to the Lincoln's Inn to obtain Bar at Law. He taught for a few months at the University College London, and came back to India in 1908. In Europe, a young lady Fraulein Wegenast taught German language and introduced the western philosophers. Goethe and his West- Östlicher Divan has been of particular interest because it rejected the commercial exploitation by the west and favored a spiritual society. Allama Iqbal's book 'Payam e Mashriq' has reflections of it. Nietzsche on one hand gave a concept of the 'perfect man' similar to 'Mard-e Momin' of Allama Iqbal, yet on the other hand denied

existence of God and went ahead justifying commercial exploitation by the superior races on to the lesser races. The French philosopher Bergson's concept of 'Godward-li-ness' has been reflected there in Allama Iqbal's poetry. Allama Iqbal also noted that, in the physical sciences of those days, the concept of solidity of matter was questioned, and wave energy was brought in, by Max Plank. Einstein's Theory of Relativity challenged the Newton's mass, force, and acceleration concept of matter.

In India, Allama Iqbal made his fame as a poet and philosopher of freedom movement for Muslims. According to him, there were immense powers in the inner self, and by energizing those powers, he practically brought about a complete social change in the Muslims. Allama Iqbal, through his scholarly works, raised the confidence of the people and assured the heights to which a common man could rise, and thus bring about social change. The message appeared in 1915, in his work 'Israr e Khudi—Secrets of the Self' and later in 1918 'Ramooz-e Bekhudi—Rise above the Self for Service to the Humanity', whose translations in English by Nicholson, were well applauded and well understood in Britain. The British awarded the title of 'Sir' to him in 1923. It is this period when Britain accelerated its movement to become ultimately a complete Social Welfare State. In 1929-30, he lectured in Madras and Hyderabad on the Reconstruction of Religious thoughts in Islam. This collection carries a complete blue print of how the independent Muslim State would function itself on the lines of the 'Riyasat-e Madina—an Islamic

Welfare State'. According to him, the Islam system, combines the spirituality and the governance together, carries the best promise to achieve a peaceful world and to relieve the stress among various human tiers.

In 1930, Allama Iqbal presided over the famous Muslim League Convention, and gave the idea of an independent state for Muslims of India. The idea of a separate State was not land grabbing and ruling but was to establish and set an exemplary modern Islamic Welfare State.

1.4 'Harf e Raaz—A Word of Secret': A Short Poetic Piece in 'Baal e Jibril'

Allama Iqbal's poetic collection, 'Baal e Jibril' was published in 1935. In this collection, there is one single short poetic piece 'Harf e Raaz' meaning 'A Word of Secret', comprising only of 9 verses, probably written in 1920s. The concept and the philosophy of Allama Iqbal can become clear in the study of this short piece.

1.5 Concepts

The short piece describes how messages transgress into man's inner self, how these messages can be picked up, and spread around through an instant communication system. People can accomplish marvelously if they can pick up these messages and apply them into action. The 'ego' that has been set in is meant build a better world. Rumi has been referred whose illuminous teachings have the solution to the world's problems. Following Rumi's teachings, apparently down trodden and weak people can acquire tremendous strengths to solve their problems.

1.6 'Harf e Raaz': The Secret Verse by Verse

1. One needs to be in a state of ecstasy or a state of complete concentration in which the secret meaning intuition, reveals to you. You then need an instant communication system like the breath of 'Jibril' to translate to other people.

2. The astrology of stars cannot fore-tell one's destiny. Man has powers to fix his own destiny. Those powers can be obtained by deep contemplation and picking up the messages that come in to one's self. These are spiritual powers.

3. Sparking life starts when you are able to listen to your inner messages. For this a focus on your and vision is needed. Fears and apprehensions kill this ability. Similar expression is found in recent times in.

4. Self-drive has a pleasure in itself. It enables you to do great jobs. Nature has assigned a certain job for you to do, and it pumps energy into you so that you are able to do the job.

5. People who pick up these messages, accomplish great jobs. Their conscience is clear. Their self-esteem is high. Their occupation gives pleasure to them. They do not value physical wealth. Nor, any fears or doubts distract them.

6. The example of the transcendence of the Prophet is there to infuse confidence, to make believe that man has immense powers, even to hail above universe. The motivating power of transcendence, in today's world is described by Gohdes.

7. The messages of 'I say be, so it be' are coming from your inner self. Man has been chosen to fait accompli. The world is yet to be completed. Man

has been chosen to do it'.

This is the dictate which comes from within one's self. This is ego, the kick coming out within one's self. The ego says, 'I am the master of the universe, and I am entitled to avail the bounties of nature'. The ego kick needs to be collectively utilized for the benefit of mankind. It is the social responsibility as described by Clamor, Humphrey et al. and Holenstein. It is the Social Accountability ISO Code SA8000.

8. Find the solution of the world's problems in the teachings of Rumi, instead of drowning in the selfish worldly pursuits of the west. The solution of Rumi in today's world has been described by a number of contemporary authors such as Razia, Rumi Jr, Tompkins, Lewis, Can, and Schimmel.

9. The spiritual solution of Rumi has illuminated brightness in my eyes. It is with this that I can fill my pitcher with whole river Jaihun of gushing and turbulent water'. The spiritual solutions are proposed by authors such as Dale, Clugston, Pimentel, Huguen, Brower, Cabot, and Constable.

2. Narrowing Gap between Metaphysics and Physical Sciences

Historically, the people of metaphysics and those of physical sciences have been poles apart. However, because of the recent advancements in both, there has been some understanding of the two together. The ideas of Rumi and Iqbal therefore have become in focus again.

2.1 Instant Communication System

There is a mention of 'Jibril' the Archangel in 'Harf e Raaz'. The function of Jibril is that of a messenger, who makes instant communication, stretching from horizon to horizon. The world of

physical sciences, has now known today, that a system of almost instant communication does exist through telecommunication that we now enjoy. Interstellar gravity waves and terrestrial waves are further later discoveries.

2.2 Exploring the Inner-Self

The methods of study what goes inside our body, have developed step by step, such as reading the pulse, reading the body temperature, X-ray, CT scan, EEG and MRI. But these methods could see only the physical side of our inner body, and have reached to our brain to some extent. The science of neuro-psychology has started telling us about the neurological functions related to our behavior. There is a great deal of our inner self which is still not captured by the physical sciences. The metaphysics has gone a long way ahead for a long time that is still held as speculative or intuitive.

2.3 Pre-scripted Messages in DNA

In biology, we have discovered through James Watson in 1953 that the DNA is the unit of life. Only recently, in 2001 through Collins and Clelland, we have mapped that there is a genetic code printed inside DNA. We do not make it. It is given to us through our ancestry. Through RNA, it emits 'dictates' from a complete road map as to how the individual cells are to grow, how they form groups together in the form of organs, how they coordinate with each other, ultimately how the whole body stands up on its own feet starting from a mere group of gel like cells. The genetic dictates do not stop there. It keeps on governing our functions till death.

2.4 Rise of Ego and the Ego Kick

The genetic 'kick', as viewed by Solms and Panksepp, known to us as our 'ego'. The dictates of our biology develop into human 'ego'. The ego is a call, 'I am of value, I am authority, I am entitled to avail the bounties of nature, and if I say 'be' so it should be'. This is the ego which is very intricately placed within our brain centers. It is the task of the DNA and the messenger RNA manipulates beautifully well, within human selves.

2.5 Collective Ego and Connectivity

The interaction between individual to individual, that starts, is also the play of the ego. The exchanges of thoughts ideas and concepts, and the feelings of the family, the tribe, the community, the nationality goes on and on ultimately to the level of the entire humanity, are all connectivity. The work of the 'genetic kicks' going up to collective levels, thrusting people to move forward, and making this world better and still better place for human comfort and convenience. We think the achievements that we make are our personal endeavors, whereas in reality there is a silent, grand and all incumbent 'will' working behind it. The closer we remain in line with the 'will', better will we enjoy its energy and better will be our performance.

2.6 Movement towards Better, Complete and Perfect World

The interaction of individuals with each other, cooperating with each other and fighting with each other, and competing with each other goes on into evolving a 'collective ego'. The humanity

moves forward, to build a better world, attaining perfection in step by step.

2.7 How to Pick-up Inner Messages

We have seen that there is a 'collective ego' or a 'grand design' according to which we are supposed to work. Its dictates are released through messages that come to our inner selves through some mysterious instant communication system. We need to find out how best can we clearly receive these messages, how best can we comprehend them, how best can we avail the energy that comes along with them and how best can we act upon them.

(i) The First Rule

We need to clear our receptors from mean worldly thoughts and tempting and distracting desires. Different religions and different psychic spiritual practitioners do it differently. A fully free mind is required for full focused concentration.

(ii) The Second Rule

In order to open our mind up, a state of full 'devotedness', a state of ecstasy' or a state of 'obsession for want of knowledge' is required. When messages come in such a state, we need to align our own beliefs with them. A strong belief system is a prerequisite for any compliance thereon.

(iii) The Third Rule

The rule is that the 'belief' creates 'reality'. It is a simple circular mechanism: beliefs – concepts – thoughts – actions and results. The results reflect back on to the beliefs. If we, as an individual, or a community as a whole has strong belief in

something, they get exactly accordingly.

We can study the example of Columbus, who discovered America. He had this belief that if he went across the Atlantic, he would reach land. Nobody was convinced that there was a land at the end of the ocean. What he found was a new continent. His belief produced results.

Another example is that of the Muslims of India, who were scattered into tribes. A belief was generated among them that they were together a nation. They got united and fought for a country of their own, that came into existence in the name of Pakistan. Allama Iqbal created this belief among the Muslims of India. Allama Iqbal knew that if he could create a belief in them, they would stand up and struggle, and one day they would get a country for themselves. This is how 'belief' is so important.

To prepare a nation to fight its troubles, a strong belief in its people has to be created and safeguarded. To destroy a nation, the belief of people among themselves is to be frustrated. This is how the propaganda warfare is done. When frustrated, people are unable to address to their problems.

2.8 Einstein on Intuition

Einstein says, 'The only real valuable thing in this world is intuition'. Einstein is considered as the greatest scientist of the century. He believes in intuition. It is the intuitive power that we need to develop. Intuitive powers can be harnessed by concentration, prayers, ecstasy and 'devoted obsessions'.

2.9 Einstein on Energy Empowerment

According to Einstein, the basic reality is energy, and everything else is its embellishments. We need to match the frequency of what we want to obtain, with the frequency of this reality, and we are sure to get it.

3. Contemporary Solutions in Psychic And Spiritual Terms

Rumi's and Iqbal's model has been pursued by contemporary psychic and spiritual experts, though on secular and psychic planes rather than on religious and traditional planes. A few are Clinton [11], El-Zein, Tun, Furlanetto, Catherine, Winston and Yilmaz. A selected one's are:

3.1 Justine Thorner

American spiritual well-ness expert, Justine Thorner emphasizes on the science of listening to one's inner self. In brief, her procedure has the following steps: (a) Listen; (b) Start listening to yourself; (c) Live in the present mode; (d) Calm down; (e) Stop trying and stay relaxed; and (f) Be patient and meditate.

3.2 Rhonda Byrne

Rhonda Byrne is the author of the best seller book 'the Secret'. It is published in 50 languages, and 20 million copies have been sold. The book rests entirely on the teachings of Rumi. The book gives an account of how to make the universe obey you. Sanneh is another name on this subject in the western world.

Australian born Rhonda Byrne is also a radio and TV producer. A film has also been released in the name of 'Secret' in 2006. She was then interviewed by Oprah Winfrey. The Time magazine declared Rhonda as among the 100

most influential persons in the world. Her 2nd book is 'the Power'. It has been published in 43 languages. came along in 43 languages, and was declared as the New York Time's best seller. Her third book is, 'the Magic' in 2012, and a fourth one 'the Hero' in 2013. According to Rhonda Byrne, 'It may take a while for you to understand, but your thoughts hold the magical power to change your life just the way you are. The power of positive visualization is just what you need to start practice in life'. The book has transformed the lives of millions across the world. The famous 'Law of Attraction' is also strongly professed by Rhonda similar to Rumi's 'thoughts become things'. Have positive thinking, and get positive results. The thoughts have magical power to change one's life.

3.3 Oprah Winfrey

Oprah Winfrey, born in Mississippi in 1954 in a poor family, is a media executive, actress, anchor and producer who conducts 'Super Soul Sunday' TV interviews. Her entire programs are based on Rumi's philosophies. These were declared most viewed continuously from 1986 to 2011, and won Emmy Award. She became the richest African American, and the first black multi-billionaire. Her salary crossed \$75m in 2013 and net assets reached \$2.9b in 2018. Sometimes, she is considered as the most influential person in the world.

Interviewing prominent thinkers, teachers and spiritual leaders, Oprah Winfrey focuses on life's biggest issues and the solutions that come by talking directly to one's own self.

According to her, the problems today are: gun violence, climate change and economic and racial inequality, and the biggest obstacle is 'misinformation' and 'not admitting truth boldly'. She says when you ask questions to one's inner self in a state of deep concentration, then the answers start coming, going deeper and deeper in steps. Rumi also said something similar, 'What you seek is seeking you'. Karen Cavanagh, has been quoted, who broke her neck and got a brain injury, and the survival seemed impossible. Words of Rumi rang into her mind, which gave her hope, and she recovered.

3.4 Law of Attraction

The Law of Attraction says, 'what is imagined by a person inside his mind, the same is attracted towards him from outside'. It is like sitting in a restaurant and placing an order, you will be served with that order and no more. If you want to achieve something, build the required capability for it, and that thing will be automatically attracted to you, like a magnet.

4. Suggested Model through a Structured Framework

From the above study, the model based on Rumi and Iqbal's thoughts can be summed up on the following lines for a stress free and peaceful environment.

4.1 Power of Inner Belief System

Constructing and spreading positive inner belief system ensures positivity on thoughts and actions, thus enabling positive results.

4.2 Power of Connectivity

The inherent connectivity that basically exists among humans, needs to be flourished and

strengthened. This is the formula for unifying and binding people together.

4.3 Listening to Your Inner Self

The messages that come into the inner-selves are important calls. They bring guidance, strength and purpose in life.

4.4 Power of Spiritual Energy

Spiritual energy is to be harnessed and utilized.

4.5 Mutuality

A mutual bonding and rewarding system needs to be so designed that ensures survival of the weak as well the sustainability of the strong.

5. Conclusion

Substantial relief in stress and a better peaceful environment can be achieved by applying the metaphysical philosophies of Jalaluddin Rumi and that of Allama Iqbal, as brought forward by a number of present day psychic and spiritual experts. A positive inner belief system ensures positive thinking and positive results. Connectivity is there but needs to be harnessed and made best use of. The messages that come to the inner self are to be truly identified and followed. Spiritual energy is to be utilized. Mutual bonding among the weak and the strong is to work for the benefit of the both. With the above guidelines, we can hopefully move towards a happy well connected humane world.

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